Challenge-trg Skills

Commercial Training

2023

Challenge-trg Group

Introduction

"An accredited training provider offering commercial and fully-funded training solutions to the public and private sector"

Challenge-trg Skills has been helping people achieve their career ambitions for over 25 years. We pride ourselves on offering a first-class learning experience with outstanding and inspirational teaching and learning to match.

Our programmes are delivered face to face, online, or via a blended approach using our Moodle platform which includes a fully virtual classroom environment, all delivered by our inspirational team of trainers and specialists.

MAXIMISING Potential

Because we're in the business of working with people across the country, we're in an excellent position to make a true difference.

We have the tools and expertise to enable people to become the best version of themselves, providing them with opportunities to develop, progress and enhance their overall wellbeing.

Challenge-trg Skills is Ofsted graded.





Using our scale for good, as operational and strategic lead for the Challenge-trg Skills, we partner with Government, private sector and charitable trusts securing sustainable work, placements and training opportunities for the unemployed, disadvantaged and inactive on a national level.

Simon Bladon Skills Director 77

Available courses

First Aid

- ✤ Basic Life Support
- Emergency First Aid
- First Aid in the Workplace

Food Safety

- Food Safety Level 1
- Food Safety Level 2
- Food Safety Level 3
- Food Safety Level 4

Training

- ✤ Train the Trainer
- Award in Delivering Training (Level 3)
- Education & Training (Level 3)

Health & Safety

- Health & Safety Level 1
- Health & Safety Level 2
- Health & Safety Level 3
- Health & Safety Level 4
- Risk Assessments Level 2
- Risk Assessments Level 3
- Safe Moving & Handling
- ✤ COSHH (Level 2)
- Fire Safety (Level 2)

Warehouse

- Counterbalance / Reach
- Counterbalance / Reach (Refresh)
- ✤ <u>PPT</u>
- ✤ <u>LLOP</u>

Challenge-trg Skills

Challenge-trg Group





The objective of this qualification is to allow learners to develop their knowledge and skills in basic life support to meet the needs of their role in work, or another setting, and allows progression into further first aid training.

It is recommended for first-aiders in the workplace environment who have access to a first-aid kit.

Duration: 4 hours Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction
- Manage an unresponsive casualty breathing and not breathing
- Use of a DEFIB safely
- Close

Basic Life Support

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Manage an unresponsive casualty who is breathing normally
- Manage an unresponsive casualty who is not breathing normally
- Know how to safely use an automated external defibrillator
- Be able to safely use an automated external defibrillator

Additional Learning

- Emergency Workplace First Aid Level 3
- First Aid in the Workplace Level 3
- Health & Safety Level 2

- Pricing available on request
- Minimum group size of 8 delegates





The objective of this qualification is to support learners in becoming emergency first aiders in the workplace.

The content of the qualification meets the Health and Safety Executive (HSE) requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their firstaid needs assessment.

Duration: 4 hours Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to emergency first aid
- Manage an unresponsive casualty breathing and not breathing
- Dealing with choking
- External bleeding
- Shock
- Other Injuries
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to provide first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is in shock
- Know how to provide first aid to a casualty with minor injuries

Additional Learning

- Health & Safety Level 2
- Health & Safety Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



Emergency First Aid



The objective of this qualification is to support learners in becoming first aiders in the workplace.

The content of the qualification meets the Health and Safety Executive (HSE) requirements for training first aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

Duration: 4 hours Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction
- Roles and responsibilities
- Manage an unresponsive casualty breathing and not breathing
- Dealing with choking
- External bleeding
- Shock
- Epilepsy
- Major illnesses
- Other injuries

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand the role and responsibilities of a first aider
- ✤ Be able to assess an incident
- Be able to provide first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is in shock
- Know how to provide first aid to a casualty with minor injuries

Additional Learning

- Health & Safety Level 2
- Health & Safety Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



First Aid in the Workplace





The objective of this qualification is to prepare learners for employment, or to support a current position within a low-risk role, where there is an element of food handling. This could include stock/store room staff.

Duration: 1/2 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to food safety
- Roles and responsibilities
- Food poisoning
- Cleaning and disinfection
- Food pests
- Food safety law

Challenge-trg Skills

Course Objectives

- Understand the importance of personal hygiene
- Understand personal responsibilities for food safety
- How to keep food safe in a manufacturing environment

Additional Learning

- Health & Safety Level 2
- Food Safety Level 2

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



Find out more:



The objective of this qualification is to prepare learners for employment as a food handler working in a manufacturing environment, or to support a role in the workplace.

Learners gaining this qualification will know that food safety is the responsibility of everyone involved in the storage, preparation, processing, packing, and handling of food.

Duration: 1 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to food safety
- Microbiological hazards
- Contamination hazards
- Food poisoning
- HACCP
- Personal hygiene
- Food premises
- Pests and controls
- Cleaning and disinfection
- Food safety law
- Exam
- Close

Challenge-trg Skills

Course Objectives

- Understand the importance of food handlers keeping themselves clean
- Understand personal responsibilities for food safety
- How to keep food safe in a manufacturing environment

Additional Learning

- Health & Safety Level 2
- Food Safety Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



Food Safety Level 2

Find out more:





The objective of this qualification is to support a role in the workplace and give learners personal growth and engagement in learning.

The qualification is designed for learners who wish to progress to higher or supervisory level within a food manufacturing business.

Duration: 3 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to food safety
- Microbiological hazards
- Contamination hazards
- Food poisoning
- Personal hygiene
- Food premises and equipment
- Cleaning and disinfection
- Pests and controls
- HACCP
- Supervisory management
- Food safety law
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand the requirements for ensuring compliance with food safety legislation
- Understand the requirements for ensuring compliance with food safety management procedures
- Understand the application and monitoring of good practice regarding contamination
- Understand the application and monitoring of good practice regarding temperature control
- Understand the application and monitoring of good practice regarding personal hygiene and cleaning

Additional Learning

- Health & Safety Level 3
- Food Safety Level 4

- Pricing available on request
- Minimum group size of 8 delegates







The objective of this qualification is to support a role in the workplace and give learners personal growth and engagement in learning.

The qualification is designed for learners who wish to progress to higher or supervisory level within a food manufacturing business.

Duration: 5 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Compliance with food safety legislation
- Operational requirements to ensure food safety
- Food Safety management procedures
- Controls within food safety
- Maintain food safety procedures
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand how food business operators can ensure compliance with food safety legislation
- Understand the operational requirements needed to ensure food safety
- Understand how to establish food safety management procedures
- Understand the controls required for food safety
- Understand how to maintain food safety management procedures

Additional Learning

- Health & Safety Level 4
- HACCP Level 3

- Pricing available on request
- Minimum group size of 8 delegates







The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety.

Duration: 1 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Train the trainer
- Roles and responsibilities
- Engaging and motivating learners
- Different types of assessment
- Record keeping
- Micro teach
- Feedback
- Close

Challenge-trg Skills

Course Objectives

- Understand key aspects of legislation and codes of practices
- Understand responsibilities for promoting equality and diversity
- Understand responsibilities in identifying learners needs
- Understand responsibilities in maintaining a safe and supportive learning environment
- Understand communication methods to meet the needs of the learners

Additional Learning

- Education & Training Level 3
- Fire Risk Assessments Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates

Find out more:



The objective of this qualification is to support a role in the workplace. It is a practical qualification suitable for new and experienced trainers (external and internal) who wish to improve their classroom skills and obtain a training qualification that will also enable them to deliver regulated qualifications.

Duration: 2 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Preparing for delivery of training
- Delivery methods and resources
- Preparing a simple plan
- Use of assessment strategies
- Evaluation of delivery methods
- Identifying areas for development
- Micro teach
- Feedback
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Be able to plan and prepare a training session
- Be able to deliver a training session
- Be able to evaluate a training session

Additional Learning

Education & Training Level 3

 Assessing Candidates in the Workplace Level 3

- Pricing available on request
- Minimum group size of 8 delegates





The Level 3 Award in Education and Training (RQF) has been designed to provide an introduction to teaching for individuals who would like to work or currently work within FE Colleges, Independent Training Providers and/or Local Authorities. It can meet the needs of a range of trainee teachers. The qualification is supported by the Education and Training Foundation.

Duration: 5 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to education and training
- Role and responsibilities in education and training
- Maintain a safe and supportive learning environment
- Inclusive teaching and learning approaches
- Evaluate the delivery of inclusive teaching
- Methods of assessment
- Involve learners in the assessment process.
- Constructive feedback
- Keeping records
- Micro teach
- Close

Challenge-trg Skills

Course Objectives

- Understanding roles, responsibilities and relationships in education and training
- Understanding and using inclusive teaching and learning approaches in education and training
- Understanding assessment in education and training

Additional Learning

- Award in Delivering Training Level 3
- Fire Risk Assessments Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates

Find out more:



This qualification is designed for those learners either currently working or those returning or starting work and wishing to gain a nationally recognised qualification in health and safety.

Duration: 1/2 day Method: Classroom

Course Overview

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- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Hazards and Risks within the workplace
- Workplace conditions
- Workplace procedures
- Revision
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

 Understand main responsibilities for health and safety in the workplace

 Understand how the workplace can affect health and safety

Additional Learning

- Health & Safety Level 2
- Risk Assessment Level 2

- Pricing available on request
- Minimum group size of 8 delegates





This qualification is designed to provide learners with knowledge of the basic health and safety practices essential in the workplace.

Duration: 1 day Method: Classroom

Course Overview

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- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Accidents and ill health
- Health and safety law
- Hazards and Risks within the workplace
- Workplace conditions
- Vehicles at work
- Work equipment
- Workplace procedures
- Revision
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand roles and duties for health, safety and welfare in the workplace
- Understand the process of risk assessment
- Understand how risk assessments improve health and safety at work
- Know the procedures for responding to accidents, near misses and ill-health in the workplace

Additional Learning

- Health & Safety Level 3
- Risk Assessment Level 3

- Pricing available on request
- Minimum group size of 8 delegates







The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety

Duration: 3 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Accidents
- Legal aspects
- Management of health and safety
- Risk assessments
- Training
- Monitoring
- Consultation
- Role of the manager
- Exam

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Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand the requirements for health, safety and welfare in the workplace
- Understand the benefits of using a safety management system
- Understand the principles of risk assessment
- Understand the risks and control methods for common workplace hazards
- Understand how to manage the effects of accidents and incidents

Additional Learning

- Health & Safety Level 4
- Risk Assessment Level 3

- Pricing available on request
- Minimum group size of 8 delegates





The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety.

Duration: 5 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- The legal framework for health and safety
- Management of health and safety
- Risk assessment
- Measuring performance, audit, and review of health and safety
- Workplace health, safety and welfare
- First aid at work
- Fire safety
- Working at height
- Work equipment
- electricity in the workplace
- Ergonomics and manual handling
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

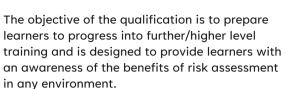
- Understand the duties and responsibilities of employers and employees
- Understand the process by which health and safety is managed
- Understand procedures for developing and implementing risk assessment
- Understand procedures for developing and implementing safe systems of work
- Know how to review health and safety across an organisation

Additional Learning

- Fire Risk Assessments Level 3
- Risk Assessment Level 3

- Pricing available on request
- Minimum group size of 8 delegates





Duration: 1 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Risk assessments at Work
- The legal framework for health and safety
- Management of health and safety
- Risk assessment
- Identifying hazards
- Evaluating the risks
- Hierarchy of control
- Reviewing risk assessments
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

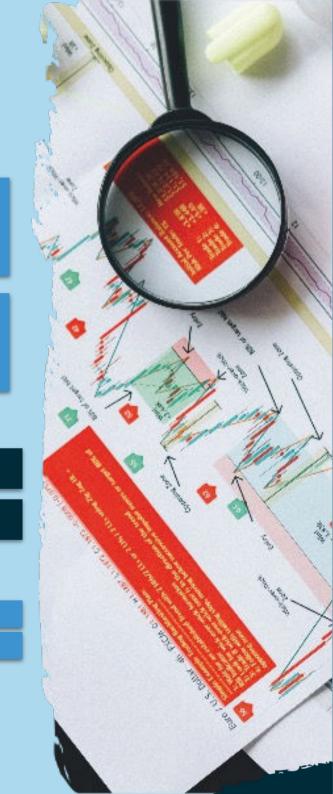
Course Objectives

- Understand why risk assessments are necessary for maintaining and improving standards of health and safety at work
- Understand the principles of risk assessment

Additional Learning

- Education & Training Level 3
- Fire Risk Assessment Level 3

- Pricing available on request
- Minimum group size of 8 delegates





The objective of the qualification is to support a role in the workplace as a risk assessor. This qualification is designed for learners with a responsibility to conduct risk assessments at low risk premises. It covers the principles of risk assessment, the relationship between hazard and risk and requires learners use the knowledge learned on the course by undertaking a risk assessment.

Duration: 2 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Risk assessment
- The main causes of work-related accidents and ill health
- The main costs of work-related accidents and ill health to employers, employees and society.
- Duties and responsibilities of employers, employees and others with respect to workplace health and safety
- The necessary competencies of a risk assessor
- The stages involved in a typical risk assessment.
- Requirements for recording, monitoring, reviewing and revising workplace risk assessments
- Accident and ill health records can be used to target hazards and control the level of risk
- Exam

Challenge-trg Skills

Course Objectives

- Understand the importance of health and safety in the workplace
- Understand the principles involved in risk assessment
- Understand the relationship between hazard and risk as part of an accident and ill health prevention strategy
- Apply the hierarchy of controls to control risk to an acceptable level
- Apply knowledge of the risk assessment process in a workplace

Additional Learning

- Education & Training Level 3
- Fire Risk Assessment Level 3

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates

Find out more:



This qualification will introduce learners to moving and handling activities required for those starting work, returning to work or who need specific training in manual handling, as well as being a suitable qualification for refresher training.

Duration: 1 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Legal aspects
- Hazards

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- Assessments
- Controls
- Exam
- Close

Challenge-trg Skills

Course Objectives

- Understand the reasons for safe manual handling
- Understand how manual handling risk assessments contribute to improving health and safety
- Understand the principles, types of equipment and testing requirements associated with manual handling safety
- Be able to apply safe manual handling principles

Additional Learning

- Health & Safety Level 2
- Risk Assessments Level 2

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



Find out more:



This qualification is aimed at learners who have access to any environment where coming into contact with hazardous substances is likely. This includes workplaces in areas such as manufacturing, cleaning, healthcare, transport, utilities and office environments as well as classroom environments.

Duration: 5 days Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Roles and Responsibilities
- Hazardous substances in the workplace
- Substances covered under COSHH Regulations
- Routes of entry
- Hazardous substances and the effects to our health if not controlled
- Health surveillance
- COSHH risk assessments
- How to deal with incidents
- PPE

COSHH (Level 2)

- COSHH symbols & labelling
- Exam
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Understand the principles of hazardous substances in the workplace
- Understand how hazardous substances can cause hazards and risks to health within the workplace
- Understand how risk assessments contribute to the safe use of hazardous substances in the workplace
- Understand the precautions and procedures necessary to ensure the risks associated with hazardous substances are properly controlled

Additional Learning

- Education & Training Level 3
- Fire Risk Assessment Level 3

- Pricing available on request
- Minimum group size of 8 delegates







This qualification is aimed at anyone involved in the management of fire safety who are based in any area where there is a potential risk of fire.

Duration: 1 day Method: Classroom

Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at work
- Fires in the workplace
- Fire safety standards
- Protecting people and property
- Fire risk assessments
- Role of the fire warden
- Exam
- Close

Challenge-trg Skills

Course Objectives

• Understand the hazards and risks associated with fire in the workplace

• Understand how fire risk is controlled in the workplace

Additional Learning

- Health & Safety Level 2
- Risk Assessments Level 2

Course Pricing

- Pricing available on request
- Minimum group size of 8 delegates



Find out more:



This course is aimed at novice operators who require formal training to be able to use a forklift truck safely and correctly - We provide suitable and sufficient understanding of current legislation, best practice and safe use of a forklift.

Duration: 3 to 5 Days based on traineeinstructor ratio **Method:** Onsite practical and classroom

Course Overview

- Operating legislation/regulations
- Introduction to a lift truck
- Basic steering and stability
- Lifting operations
- Theory exam
- Maintenance of lift truck
- Practical operating skills test
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Safe and efficient operation of a lift truck within the workplace
- Responsibilities under the Health and Safety at Work Act 1974
- Risks associated with lift truck
- Pre-use inspection, maintenance tasks and reporting procedures

Additional Learning

- Risk Assessments Level 2
- Manual Handling Level 2
- Health & Safety Level 2 & 3

- Pricing available on request
- Number of delegates TBC





This course is aimed at existing operators who are formally trained to use a forklift truck who wish to reaffirm their skills - providing suitable and sufficient understanding of current relevant legislation, best practice and safe use of forklift trucks.

Duration: 1 day refresher course **Method:** Onsite practical and classroom

Course Overview

- Operating legislation/regulations
- Introduction to a lift truck
- Basic steering and stability
- Lifting operations
- Theory exam
- Maintenance of lift truck
- Practical operating skills test
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

Course Objectives

- Safe and efficient operation of a lift truck within the workplace
- Responsibilities under the Health and Safety at Work Act 1974
- Procedure for reporting defects and operational incidents
- Pre-use inspection, maintenance tasks and reporting procedures

Additional Learning

- Risk Assessments Level 2
- Manual Handling Level 2
- Health & Safety Level 2 & 3

- Pricing available on request
- Discount for group bookings of 3 people £1300





The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety.

Duration: 1 Day based on trainee-instructor ratio **Method:** Onsite practical and classroom

Course Overview

- Truck, features and functions
- Pre-operational checks, truck defaulting procedure
- Operational practice & methods
- Short classroom theoretical
- Operating skills & knowledge tests
- Close

Challenge-trg Skills

Course Objectives

- Be able to operate the MHE in a safe and controlled manner
- Understand how to perform preoperational checks
- Procedure for reporting defects and operational incidents
- Truck capacities and awareness of dangerous practices
- Pass basic operating skills & written knowledge tests

Additional Learning

- Health & Safety Level 2
- Manual Handling Level 2

Course Pricing

- Pricing available on request
- Number of delegates TBC



Find out more:



This course is a legal requirement for any operator using such equipment in the workplace. Generally conducted on site, assessment is made through a practical skills operating test and a basic written knowledge test.

Duration: 1 Day based on trainee-instructor ratio **Method:** Onsite practical and classroom

Course Overview

- Truck features & functions
- Pre-operational checks, truck defaulting procedure
- Operational practice, various operating methods
- Short classroom theoretical
- Practical operating skills & knowledge
 tests
- Close

Find out more:

info@challengetrgskills.co.uk

Challenge-trg Skills

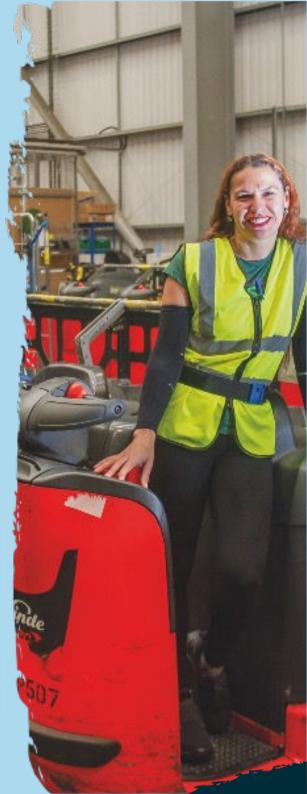
Course Objectives

- Be able to operate the truck in a safe and controlled manner
- Understand how to perform preoperational checks
- Reporting defects and operational incidents
- Understand truck capacities/awareness of dangerous practices
- Pass basic operating skills & written knowledge tests

Additional Learning

- Health & Safety Level 2
- Manual Handling Level 2

- Pricing available on request
- Number of delegates TBC



Improving Lives. Building Futures.

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Challenge-trg Skills

Challenge-trg Group